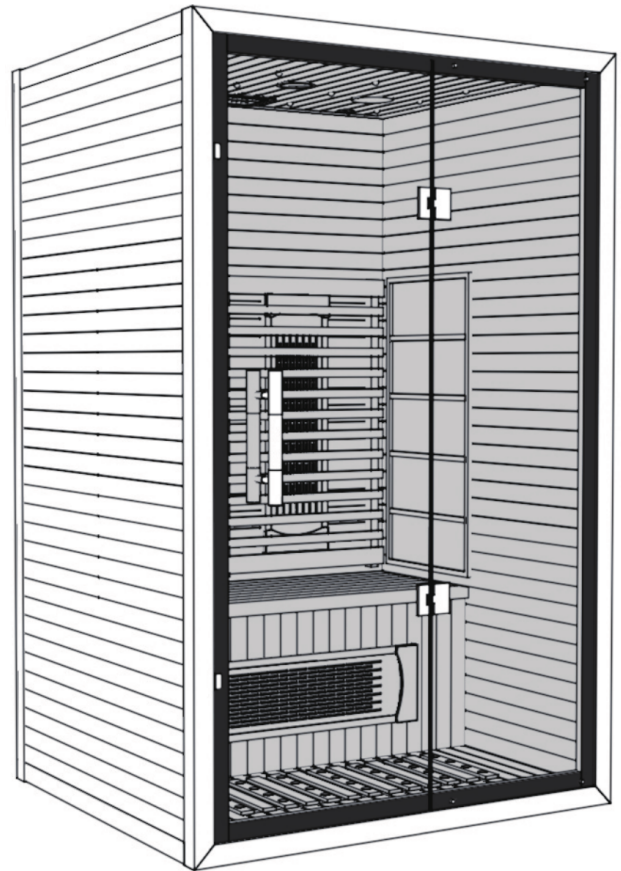


INFRARED SAUNA SERIES

Lumin

User's Manual



MODELS COVERED

Lumin 1 • Lumin 2 • Lumin 3

Read this manual fully before assembly and keep it for future reference.

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SECTION 01

Welcome to Lumin

Full-spectrum infrared heat, foot heaters and a built-in air ionizer, in a cabin you assemble with two people and a drill.

This manual covers safety, electrical requirements, assembly and everyday operation for the **Lumin 1**, **Lumin 2** and **Lumin 3**. Read it through before you begin.

What comes with your Lumin

Feature	Details
Full spectrum heaters	Built into the bench support.
Carbon plates	Built into the back panel.
Foot heaters	Built into the floor.
Oxygen ionizer	Ion and O3 modes to refresh the air in the cabin.
Color therapy lights	Remote-controlled chromo lights, included on some models.
Control panel	Temperature, timer, lamps, FM radio, Bluetooth and USB MP3 playback.
Ventilated skylight	Set into the roof.
Dark glass front panel	With door handles.

The Lumin range

Lumin 1 is the smallest cabin, Lumin 2 the mid-size, and Lumin 3 the largest. Heater configuration and power requirements for each are listed below.

Model	Heaters	Voltage	Amps	Plug
Lumin 1	2 full spectrum heaters + 3 carbon plates	110V	15A	NEMA 5-15P
Lumin 2	3 full spectrum heaters + 3 carbon plates	110V	15A	NEMA 5-15P
Lumin 3	4 full spectrum heaters + 5 carbon plates	220V	20A	NEMA 6-20P

SECTION 02

Before You Begin

Electrical requirements

Every Lumin needs a **dedicated circuit**, matched to the model chart in Section 01. Dedicated means no other appliance shares the outlet or circuit with the sauna. Sharing a circuit can cause electrical interruption and reduced performance.

- Have a qualified electrician install the dedicated wiring. This gives you correct sauna operation and avoids electrical hazards.
- Make sure the sauna is properly grounded. Serious injury may result if the electrical requirements are not met.
- Choose a dry location. Keep the sauna away from any water source or liquids, and never expose the heater elements to them. Doing so may cause electrical shock.

TWO PEOPLE REQUIRED

Installation takes a minimum of two people. Do not try to install the sauna on your own; damage will occur easily.

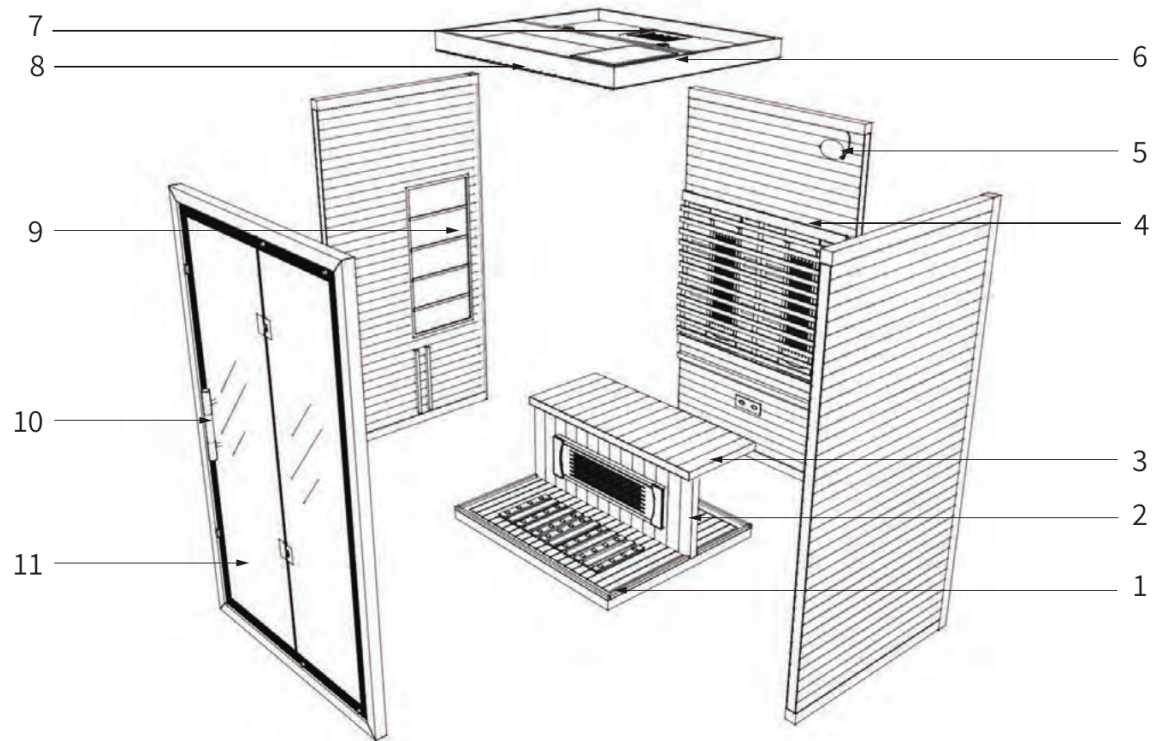
Tools you need

Tool	Quantity
Power drill	1
Step ladder (herringbone ladder)	2

Questions during setup? Contact Orivon Wellness at **orivonwellness.com** before you continue. Please read all instructions carefully.

SECTION 03

Know Your Sauna



No.	Part	No.	Part
1	Floor with foot heaters	7	Ventilated skylight
2	Bench support with full spectrum heaters	8	Roof
3	Bench	9	Side panels
4	Back panel	10	Door handles
5	Oxygen ion generator	11	Front panel with dark glass
6	Electrical control system		

SECTION 04

Assembly

Panels join with buckle latches, so the cabin goes together without tools until the ionizer at the end. Work with a partner, and follow the steps in order.

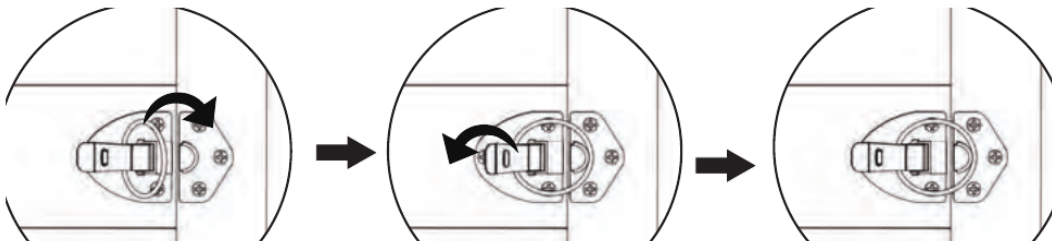
Step 1 | Base

Place the floor, face up, on the ground in your chosen dry location.

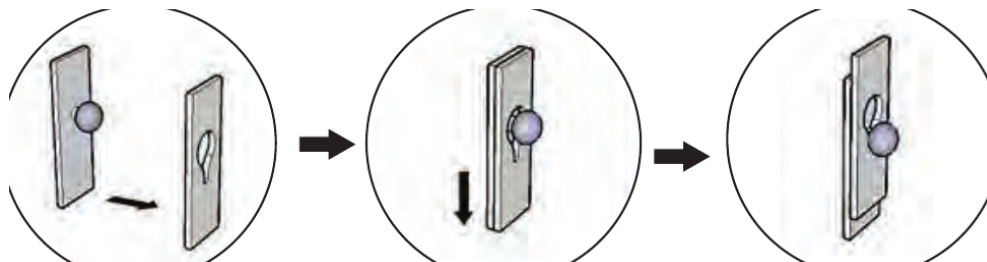


Using the buckle latches

Two locking systems join the panels. **Outer latch:** hook the buckle over its catch, then fold it flat to lock. Reverse to release. **Inner lock:** slide the knob plate into the keyhole plate, then drop it down to lock. Reverse to release.



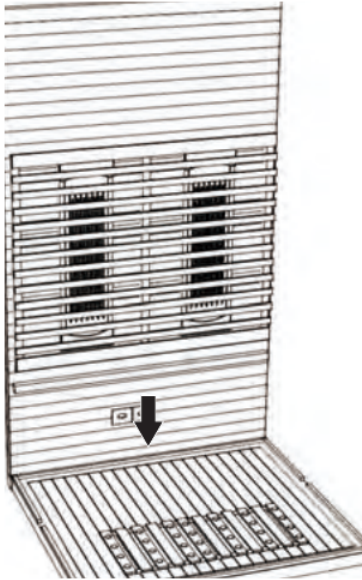
Outer latch: lift, hook, fold flat.



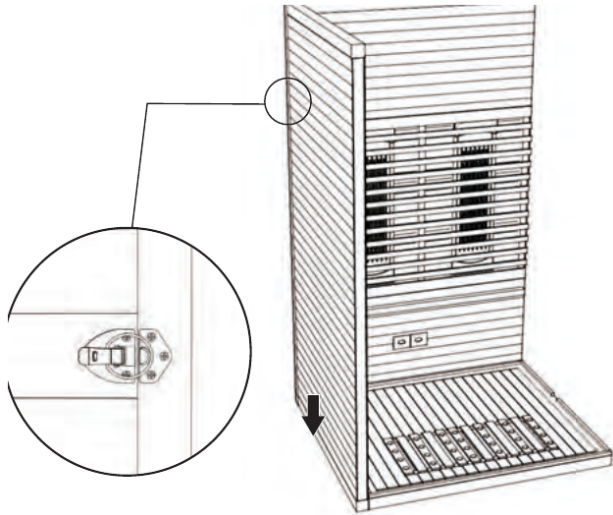
Inner lock: slide in, drop down.

Step 2 | Back and side panels

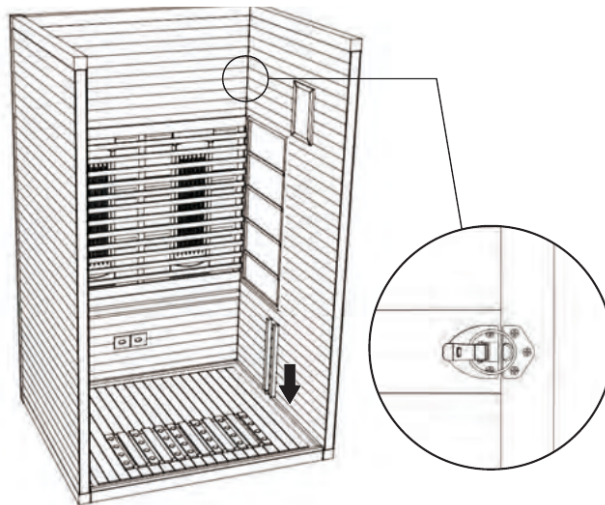
A. Lower the back panel onto the floor. **B.** Place the first side panel and lock it with the buckle latch at the top corner. **C.** Place the second side panel and lock it the same way.



A Back panel in place.



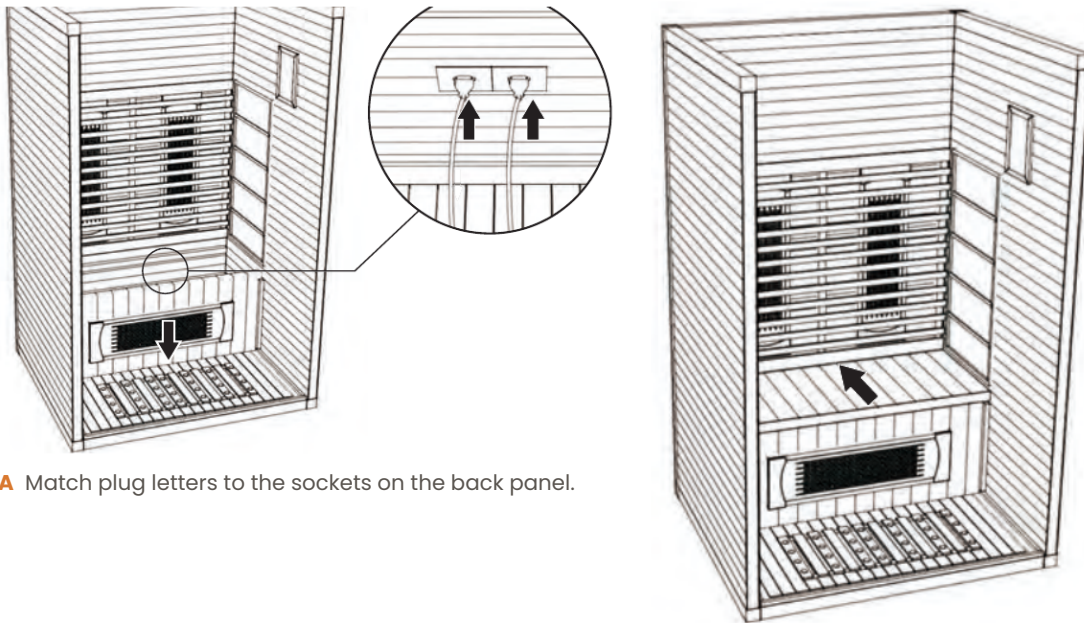
B First side panel.



C Second side panel.

Step 3 | Bench

A. Place the bench support. Insert the plugs from the bench support and the floor into the sockets on the back panel, matching the letter on each plug to its socket. **B.** Install the bench.

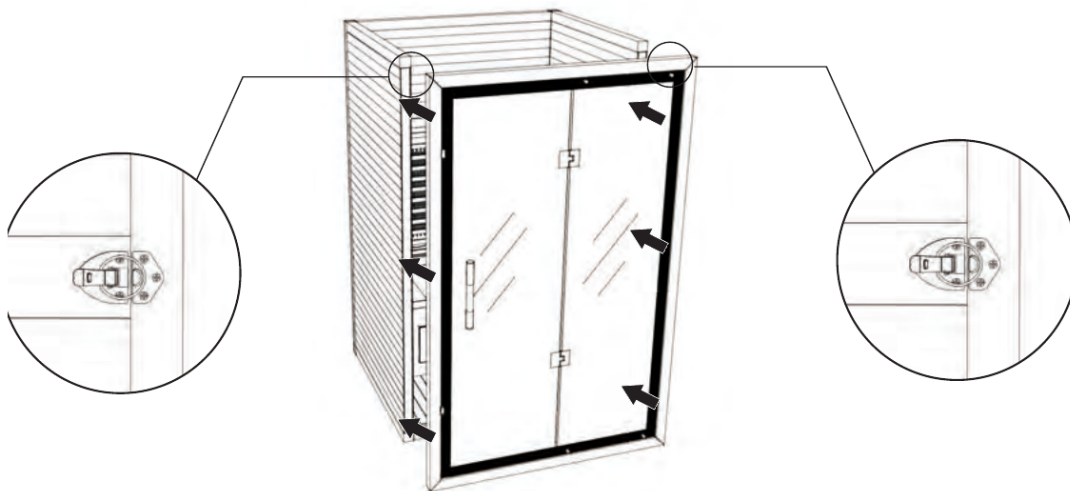


A Match plug letters to the sockets on the back panel.

B Set the bench on the support.

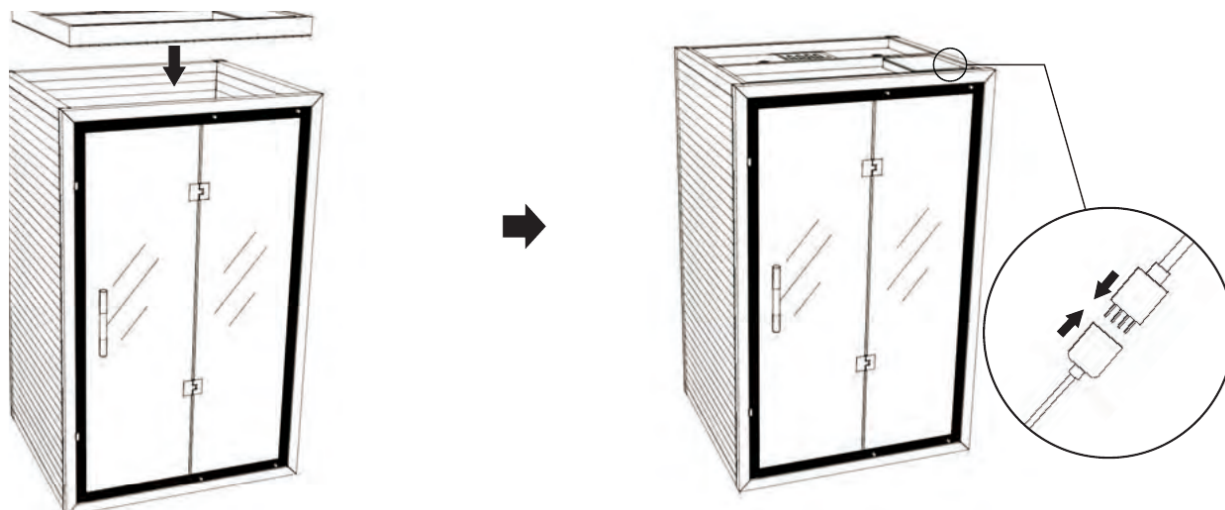
Step 4 | Front panel

Fit the front panel and lock it with the buckle latches at each position marked by the arrows. Two people should hold the panel while the latches are closed.



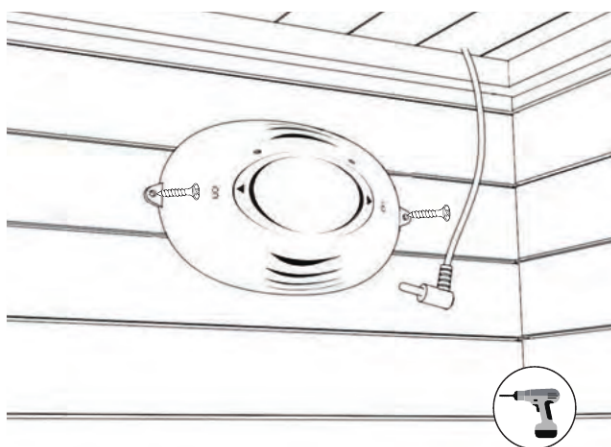
Step 5 | Roof

Place the roof and connect the wires at the top, joining each wire to the one with the same letter marking.

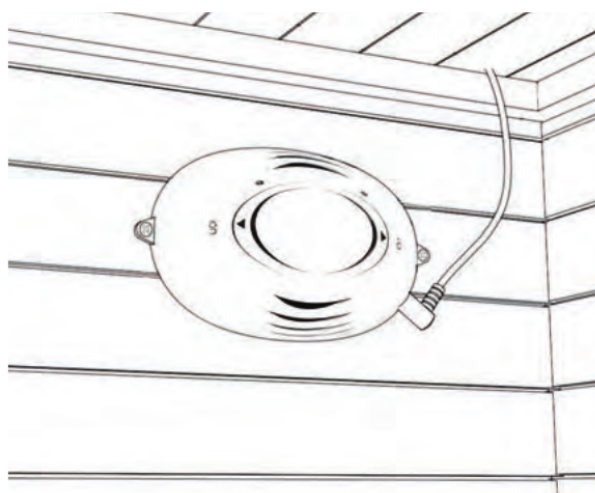


Step 6 | Oxygen ionizer

A. Choose a location and fix the oxygen ionizer to the back panel with screws, using the drill. **B.** Connect the ionizer to the wire that comes down from the ceiling.



A Fix the ionizer with screws.



B Connect the top wire.

ASSEMBLY COMPLETE

Check that every latch is closed and every plug is seated before you connect the sauna to its dedicated outlet.

SECTION 05

Accessories

Oxygen ionizer

The ionizer refreshes the air inside the sauna by killing odor-causing bacteria and removing airborne particles. Its plug (a 1-pin plug) extends from the sauna ceiling. Connect the ionizer to it and screw the unit to the back panel, as shown in Assembly, Step 6.

Mode	When to use it	What it does
Ion	Before and while using the sauna	Removes airborne particles by attaching them to the ionizer.
O3	After using the sauna	Kills odor-causing bacteria in the sauna air.

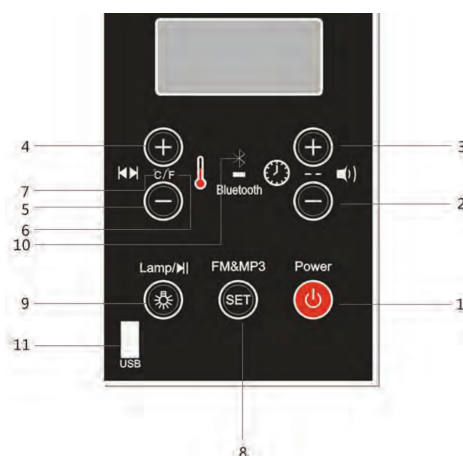
Color therapy lights

Some models include color therapy (chromo) lights. They are operated by the remote control only.

- **Turn on and choose a color:** press any color on the remote.
- **Cycle through colors randomly:** press the Cycle button (lower right).
- **Turn off:** press the Power button.

SECTION 06

Control Panel



No.	Control	Function
1	Power	Turns the sauna on or off.
2 / 3	Timer – / +	Decrease or increase the session timer. The sauna counts down to 00, then shuts the heaters off. In FM or MP3 mode, these buttons change the volume.
4 / 5	Temperature + / –	Increase or decrease the set temperature. The heaters turn off when the sauna reaches it. In FM or MP3 mode, 4 selects the previous channel or song and 5 the next.
6 / 7	°F / °C lights	Show which unit the temperature is displayed in.
8	Setting	Switches between FM and MP3 mode.
9	Lamp / Pause	Turns the inside and outside lamps on or off. In FM or MP3 mode, pauses; press again to resume.
10	Bluetooth light	Lit when the sauna is in Bluetooth mode and ready to connect to a device for music.
11	USB port	Insert a USB drive in MP3 mode and the music plays automatically.

Good to know

- **Continuous operation.** Press and hold both timer buttons (+ and –). The display shows two dashes (--) and the sauna runs with no time limit. Press either timer button to start the timer again.
- **FM channel search.** In FM mode, pressing and holding both timer buttons starts a channel search. It takes about 2 minutes and saves every channel it finds.
- **Switch °F and °C.** Press and hold both temperature buttons.

SECTION 07

Health and Safety

Consult your physician or pharmacist before using an infrared sauna if any of the situations below apply to you. If you feel pain or discomfort at any time, stop using the sauna immediately.

MEDICATIONS

If you use prescription drugs, ask your physician or pharmacist whether far infrared waves or raised body temperature could change how the drug works. Diuretics, barbiturates and beta-blockers may impair the body's natural heat loss. Some over-the-counter drugs, such as antihistamines, may make the body more prone to heat stroke.

CHILDREN

A child's core temperature rises much faster than an adult's. Children have a higher metabolic rate per body mass, limited circulatory adaptation to increased cardiac demand, and cannot regulate temperature by sweating as well. Consult the child's pediatrician before use.

THE ELDERLY

The ability to maintain core body temperature decreases with age, mainly due to circulatory conditions and reduced sweat gland function. The body must be able to activate its natural cooling processes.

CARDIOVASCULAR CONDITIONS

People with hypertension or hypotension, congestive heart failure, impaired coronary circulation, or who take medication that may affect blood pressure, should use extreme caution with prolonged heat. Heat stress raises cardiac output and blood flow as the body moves heat to the skin and respiratory system. Heart rate can rise by about thirty (30) beats per minute for each degree of increase in core body temperature.

ALCOHOL

Do not try to "sweat out" a hangover. Alcohol impairs judgment, so you may not notice when your body reacts badly to heat. It also raises heart rate, which heat stress can raise further.

CONDITIONS THAT REDUCE SWEATING

Parkinson's, multiple sclerosis, central nervous system tumors and diabetes with neuropathy are associated with impaired sweating.

BLEEDING TENDENCY

Anyone predisposed to bleeding, including hemophiliacs, should avoid infrared saunas.

FEVER

Do not use any type of sauna with a fever.

INSENSITIVITY TO HEAT

Do not use any type of sauna if you are insensitive to heat.

PREGNANCY

Consult a physician before using any type of sauna. Fetal damage can occur at certain elevated body temperatures.

MENSTRUATION

Heating the low back during a period may temporarily increase menstrual flow. Some women use the sauna for the pain relief it can bring; others prefer to avoid it during that time.

JOINT INJURY

Do not heat a recent (acute) joint injury for the first 48 hours, or until the hot, swollen symptoms subside. Joints that are chronically hot and swollen may respond poorly to vigorous heating. Vigorous heating is strictly contraindicated with enclosed infections, whether dental, in joints or in other tissue.

IMPLANTS

Metal pins, rods, artificial joints and other surgical implants generally reflect far infrared waves and are not heated by this system, but consult your surgeon before use. Stop using the sauna if you feel pain near any implant. Silicone does absorb far infrared energy, so silicone implants or prostheses (for example for the nose or ear) may be warmed. Silicone melts above 200°C (392°F) and should not be adversely affected, but check with your surgeon and, if possible, the implant manufacturer.

SECTION 08

Warranty

Thank you for choosing Orivon Wellness. This policy sets out what we cover and how we handle claims, so both sides know where they stand.

Coverage

All accessories in the sauna room are covered, including wooden planks and slats.

Component	Warranty period
Wooden planks and wooden accessories (stools, backrests, headrests)	3 years from date of arrival
Lamps, control boards, oxygen ionizer, reading lights and similar	3 years from date of arrival

What we do

Period	Cause of damage	Replacement	Shipping paid by
First year	Not caused by the user	Free	Orivon Wellness
First year	Caused by the user	Free	Buyer
After the first year	Not caused by the user	At cost price	Orivon Wellness
After the first year	Caused by the user	At cost price	Buyer

Orivon Wellness reserves the right of final interpretation of this warranty policy. To make a claim, contact us at orivonwellness.com.